

SUPPORT SERVICES AIMED AT CHILDREN

• 3A) know about support services aimed at children. (3.1)



Discussions with the children regarding what being safe means

What to do if you feel unsafe

Who you can call

Who you can talk too



NATIONAL DOMESTIC FAMILY AND

SEXUAL VIOLENCE COUNSELLING SERVICE

<u>1800 737 732</u>

The Kids Helpline is a 24-hour telephone service that is available for young people (aged between five and 25) who need advice, counselling or just someone to talk to - no problem is too big or too small. You can talk to the counsellors about anything, and they will not criticise or judge you. You can also contact the Kids Helpline by email or online.

If you, a child or another person is in immediate danger call 000 now

There are practical things you can do to support a child who is exposed to domestic or family violence

The right support can make a child safer and provide a pathway to recovery.

Support is available - call <u>1800 737 732</u>, text <u>0458 737 732</u> or visit <u>our website</u> for online chat and video call services:

Available 24/7: Call, text or online chat